

ROCK THE ROAD

London, On

06/05/2016

***** OVERALL RESULTS *****

5K Run/Walk

***** PRELIMINARY FINISH RESULTS *****

PLEASE MAKE SURE ALL YOUR INFORMATION IS ACCURATE & REPORT ANY ERRORS

| O'all Rank | Bib# | Name | Division | Gun Time Official | Chip Time Net Time | Div/Tot | Sex/Tot | Pace | City |
|------------|------|---------------------|----------|-------------------|--------------------|---------|---------|------|---------------|
| 1 | 204 | Drew Patterson | M25-29 | 0:16:26.5 | 0:16:25.2 | 1/9 | 1/120 | 3:18 | Belle River |
| 2 | 325 | Levi Shimer-Whitehe | M15-19 | 0:16:39.5 | 0:16:38.2 | 1/4 | 2/120 | 3:20 | London |
| 3 | 30 | Rob Whitmill | M30-34 | 0:16:48.2 | 0:16:46.8 | 1/14 | 3/120 | 3:22 | London |
| 4 | 322 | Leslie Sexton | F25-29 | 0:17:18.7 | 0:17:17.4 | 1/25 | 1/183 | 3:28 | London |
| 5 | 318 | Joey Hardy | M15-19 | 0:17:25.6 | 0:17:24.4 | 2/4 | 4/120 | 3:29 | St. Thomas |
| 6 | 293 | Robbie Timmerman | M20-24 | 0:17:36.4 | 0:17:34.5 | 1/8 | 5/120 | 3:31 | London |
| 7 | 106 | Richard McClelland | M45-49 | 0:18:03.5 | 0:18:01.6 | 1/12 | 6/120 | 3:37 | London |
| 8 | 328 | Shayna Boland | F30-34 | 0:18:21.6 | 0:18:20.0 | 1/27 | 2/183 | 3:40 | London |
| 9 | 316 | Craig McAllister | M45-49 | 0:19:01.1 | 0:18:58.4 | 2/12 | 7/120 | 3:48 | |
| 10 | 105 | Albano Castanha | M45-49 | 0:19:08.9 | 0:19:06.5 | 3/12 | 8/120 | 3:50 | London |
| 11 | 41 | Brian Murphy | M50-54 | 0:19:12.8 | 0:19:06.2 | 1/13 | 9/120 | 3:50 | London |
| 12 | 65 | Alfredo Cortes | M45-49 | 0:19:22.2 | 0:19:19.7 | 4/12 | 10/120 | 3:52 | London |
| 13 | 321 | Zach Staffell | M15-19 | 0:19:28.2 | 0:19:26.7 | 3/4 | 11/120 | 3:54 | London |
| 14 | 278 | Liam Easton | M-U15 | 0:19:30.0 | 0:19:28.6 | 1/6 | 12/120 | 3:54 | London |
| 15 | 124 | Chad McCallum | M35-39 | 0:19:50.5 | 0:19:45.4 | 1/12 | 13/120 | 3:58 | Brussels |
| 16 | 169 | Adam Jarrett | M35-39 | 0:19:57.7 | 0:19:53.3 | 2/12 | 14/120 | 3:59 | London |
| 17 | 69 | Sab Koto | M40-44 | 0:20:19.7 | 0:20:17.0 | 1/14 | 15/120 | 4:04 | London |
| 18 | 306 | Ian Scott | M40-44 | 0:20:21.7 | 0:20:18.8 | 2/14 | 16/120 | 4:04 | London |
| 19 | 290 | Kate Brown | F30-34 | 0:20:28.1 | 0:20:24.8 | 2/27 | 3/183 | 4:05 | London |
| 20 | 29 | Michael Brunelle | M40-44 | 0:20:32.9 | 0:20:27.6 | 3/14 | 17/120 | 4:06 | Aylmer |
| 21 | 119 | Jim Burrows | M50-54 | 0:20:46.3 | 0:20:44.0 | 2/13 | 18/120 | 4:09 | London |
| 22 | 18 | Frank Shin | M45-49 | 0:20:50.1 | 0:20:47.6 | 5/12 | 19/120 | 4:10 | London |
| 23 | 141 | Brendan White | M30-34 | 0:20:57.0 | 0:20:52.3 | 2/14 | 20/120 | 4:11 | London |
| 24 | 26 | Sue Safadi | F30-34 | 0:21:00.3 | 0:20:56.9 | 3/27 | 4/183 | 4:12 | London |
| 25 | 71 | Joe Todd | M45-49 | 0:21:00.7 | 0:20:57.1 | 6/12 | 21/120 | 4:12 | London |
| 26 | 224 | Kristie Millman | F30-34 | 0:21:00.9 | 0:20:54.8 | 4/27 | 5/183 | 4:11 | London |
| 27 | 94 | Sean Pynaert | M40-44 | 0:21:04.9 | 0:20:59.9 | 4/14 | 22/120 | 4:12 | Brights Grove |
| 28 | 68 | Shaun Trahan | M30-34 | 0:21:11.0 | 0:21:06.9 | 3/14 | 23/120 | 4:14 | London |
| 29 | 115 | Ian Mayberry | M35-39 | 0:21:21.4 | 0:21:14.4 | 3/12 | 24/120 | 4:15 | Ingersoll |
| 30 | 296 | Nadine Osman | F15-19 | 0:21:29.6 | 0:21:27.9 | 1/2 | 6/183 | 4:18 | London |
| 31 | 324 | Melanie Bernier | F25-29 | 0:21:35.4 | 0:21:33.9 | 2/25 | 7/183 | 4:19 | London |
| 32 | 113 | Don Rhynas | M60-64 | 0:21:36.3 | 0:21:29.8 | 1/10 | 25/120 | 4:18 | London |
| 33 | 104 | Jarret Chessell | M30-34 | 0:21:36.9 | 0:21:27.4 | 4/14 | 26/120 | 4:18 | London |
| 34 | 189 | Ethan Krijnen | M-U15 | 0:21:42.3 | 0:21:39.9 | 2/6 | 27/120 | 4:20 | Thorndale |
| 35 | 190 | Natalie Krijnen | F-U20 | 0:21:42.4 | 0:21:39.7 | 1/2 | 8/183 | 4:20 | Thorndale |
| 36 | 294 | Alex Logan | M-U15 | 0:21:49.9 | 0:21:48.1 | 3/6 | 28/120 | 4:22 | London |
| 37 | 107 | Glenn Weeks | M55-59 | 0:21:56.9 | 0:21:50.1 | 1/9 | 29/120 | 4:23 | London |
| 38 | 121 | Kerry McLeod | F40-44 | 0:22:00.1 | 0:21:57.7 | 1/21 | 9/183 | 4:24 | London |
| 39 | 66 | Chris Lanooy | M55-59 | 0:22:00.7 | 0:21:51.7 | 2/9 | 30/120 | 4:23 | London |
| 40 | 70 | Gordon Ball | M60-64 | 0:22:04.1 | 0:21:55.8 | 2/10 | 31/120 | 4:24 | London |
| 41 | 243 | Mike Jarvis | M35-39 | 0:22:08.6 | 0:21:55.7 | 4/12 | 32/120 | 4:24 | London |
| 42 | 220 | Greg Stephenson | M45-49 | 0:22:16.9 | 0:22:03.5 | 7/12 | 33/120 | 4:25 | London |
| 43 | 212 | Joe Sikora | M65-69 | 0:22:19.7 | 0:22:14.8 | 1/2 | 34/120 | 4:27 | St. Thomas |
| 44 | 97 | Kathy Mantel | F45-49 | 0:22:21.2 | 0:22:15.3 | 1/18 | 10/183 | 4:28 | Princeton |
| 45 | 125 | Bill Dowhaniuk | M50-54 | 0:22:21.5 | 0:22:15.9 | 3/13 | 35/120 | 4:28 | London |
| 46 | 285 | Mark Evans | M40-44 | 0:22:31.3 | 0:22:21.9 | 5/14 | 36/120 | 4:29 | London |
| 47 | 118 | Ted Suda | M60-64 | 0:22:37.6 | 0:22:28.6 | 3/10 | 37/120 | 4:30 | London |
| 48 | 19 | Lucas Malec | M-U15 | 0:22:43.5 | 0:22:26.0 | 4/6 | 38/120 | 4:30 | London |
| 49 | 130 | Jeannine Wright | F40-44 | 0:22:49.7 | 0:22:41.3 | 2/21 | 11/183 | 4:33 | London |
| 50 | 211 | Alexander Morrow | M30-34 | 0:22:51.0 | 0:22:42.2 | 5/14 | 39/120 | 4:33 | London |

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| O'all Rank | Bib# | Name | Division | Gun Time Official | Chip Time Net Time | Div/Tot | Sex/Tot | Pace | City |
|------------|------|-----------------------|----------|-------------------|--------------------|---------|---------|------|--------------|
| 51 | 101 | Amy Freeman | F35-39 | 0:22:53.3 | 0:22:46.0 | 1/27 | 12/183 | 4:34 | London |
| 52 | 179 | Tony Feuz | M45-49 | 0:22:56.6 | 0:22:51.9 | 8/12 | 40/120 | 4:35 | London |
| 53 | 73 | Richard Manuel | M40-44 | 0:22:59.2 | 0:22:56.7 | 6/14 | 41/120 | 4:36 | London |
| 54 | 342 | Brock Serratore | M20-24 | 0:23:00.2 | 0:22:40.2 | 2/8 | 42/120 | 4:33 | London |
| 55 | 67 | Paul Hobin | M50-54 | 0:23:00.8 | 0:22:51.5 | 4/13 | 43/120 | 4:35 | London |
| 56 | 16 | Tara Duwyn | F35-39 | 0:23:12.5 | 0:23:00.7 | 2/27 | 13/183 | 4:37 | Ingersoll |
| 57 | 98 | Kelly Mantel | F-U15 | 0:23:13.5 | 0:23:11.1 | 1/13 | 14/183 | 4:39 | Princeton |
| 58 | 146 | Jack Pedlow | M15-19 | 0:23:15.3 | 0:22:49.9 | 4/4 | 44/120 | 4:34 | Komoka |
| 59 | 114 | Vicki Mayberry | F40-44 | 0:23:19.5 | 0:23:11.7 | 3/21 | 15/183 | 4:39 | Ingersoll |
| 60 | 334 | Curtis De Backer | M20-24 | 0:23:24.9 | 0:22:54.9 | 3/8 | 45/120 | 4:35 | London |
| 61 | 64 | Bruce Jones | M55-59 | 0:23:25.2 | 0:23:16.3 | 3/9 | 46/120 | 4:40 | London |
| 62 | 9 | Lindey McIntyre | F55-59 | 0:23:26.7 | 0:23:20.4 | 1/12 | 16/183 | 4:41 | Linden |
| 63 | 213 | Douglas Dodge | M60-64 | 0:23:32.3 | 0:23:23.8 | 4/10 | 47/120 | 4:41 | London |
| 64 | 284 | J.B. Orange | M60-64 | 0:23:32.8 | 0:23:23.1 | 5/10 | 48/120 | 4:41 | London |
| 65 | 40 | Joanna Walsh | F40-44 | 0:23:47.2 | 0:23:39.0 | 4/21 | 17/183 | 4:44 | London |
| 66 | 240 | Charlotte Abbott | F25-29 | 0:23:49.2 | 0:23:25.1 | 3/25 | 18/183 | 4:42 | London |
| 67 | 283 | Gavin Bebingh | M-U15 | 0:23:51.5 | 0:23:44.2 | 5/6 | 49/120 | 4:45 | Forest |
| 68 | 43 | Barron Mertens | M45-49 | 0:23:52.9 | 0:23:45.3 | 9/12 | 50/120 | 4:46 | London |
| 69 | 277 | David Hill | M65-69 | 0:23:55.3 | 0:23:43.1 | 2/2 | 51/120 | 4:45 | London |
| 70 | 133 | Ryan Done | M30-34 | 0:24:00.3 | 0:23:47.1 | 6/14 | 52/120 | 4:46 | London |
| 71 | 88 | Jenny Lamb | F50-54 | 0:24:02.5 | 0:23:53.8 | 1/15 | 19/183 | 4:47 | London |
| 72 | 338 | Alex Serratore | M25-29 | 0:24:04.3 | 0:23:44.0 | 2/9 | 53/120 | 4:45 | London |
| 73 | 174 | Lucy Ingratta | F45-49 | 0:24:09.7 | 0:23:56.9 | 2/18 | 20/183 | 4:48 | London |
| 74 | 266 | Ben McIntyre | M20-24 | 0:24:11.1 | 0:24:05.2 | 4/8 | 54/120 | 4:50 | London |
| 75 | 291 | Christine Dirks | F60-64 | 0:24:12.8 | 0:24:01.2 | 1/8 | 21/183 | 4:49 | London |
| 76 | 90 | Karen Otani | F35-39 | 0:24:15.6 | 0:24:02.8 | 3/27 | 22/183 | 4:49 | London |
| 77 | 37 | Wendy Klingenberger | F55-59 | 0:24:19.1 | 0:24:05.4 | 2/12 | 23/183 | 4:50 | London |
| 78 | 160 | Chadwick Hull | M35-39 | 0:24:19.5 | 0:24:04.0 | 5/12 | 55/120 | 4:49 | London |
| 79 | 206 | Scott Vail | M50-54 | 0:24:28.7 | 0:24:05.8 | 5/13 | 56/120 | 4:50 | London |
| 80 | 92 | Kristen Chalmers | F30-34 | 0:24:32.8 | 0:24:16.1 | 5/27 | 24/183 | 4:52 | London |
| 81 | 4 | Adam Hickey | M20-24 | 0:24:39.6 | 0:24:18.0 | 5/8 | 57/120 | 4:52 | Peterborough |
| 82 | 344 | Jahiro Quiros | M60-64 | 0:24:41.8 | 0:24:21.7 | 6/10 | 58/120 | 4:53 | London |
| 83 | 84 | Joan Dinardo | F50-54 | 0:24:43.3 | 0:24:38.2 | 2/15 | 25/183 | 4:56 | London |
| 84 | 46 | Teresa Vandekerckhove | F45-49 | 0:24:43.5 | 0:24:40.2 | 3/18 | 26/183 | 4:57 | Mt. Elgin |
| 85 | 8 | Taylor Bennewies | M20-24 | 0:24:48.6 | 0:24:37.7 | 6/8 | 59/120 | 4:56 | Mitchell |
| 86 | 202 | Chantal Gauthier | F30-34 | 0:24:52.5 | 0:24:37.1 | 6/27 | 27/183 | 4:56 | London |
| 87 | 1 | Boyd Dunleavey | M40-44 | 0:24:54.1 | 0:24:48.6 | 7/14 | 60/120 | 4:58 | London |
| 88 | 53 | Donna Kraft | F55-59 | 0:24:55.6 | 0:24:51.8 | 3/12 | 28/183 | 4:59 | London |
| 89 | 109 | Peter Dillon | M55-59 | 0:24:59.3 | 0:24:40.1 | 4/9 | 61/120 | 4:57 | London |
| 90 | 108 | Jennifer Dillon | F40-44 | 0:24:59.4 | 0:24:40.9 | 5/21 | 29/183 | 4:57 | London |
| 91 | 87 | Sonia Mota | F40-44 | 0:25:01.3 | 0:24:56.0 | 6/21 | 30/183 | 5:00 | London |
| 92 | 155 | Dean Lines | M50-54 | 0:25:02.0 | 0:24:48.5 | 6/13 | 62/120 | 4:58 | London |
| 93 | 129 | Steve Vowles | M50-54 | 0:25:02.1 | 0:24:52.8 | 7/13 | 63/120 | 4:59 | London |
| 94 | 138 | Ashlee Parkinson | F30-34 | 0:25:04.8 | 0:24:57.7 | 7/27 | 31/183 | 5:00 | Woodstock |
| 95 | 110 | Leo Young | M70+ | 0:25:08.4 | 0:25:06.4 | 1/3 | 64/120 | 5:02 | London |
| 96 | 156 | Karin Decaluwe | F35-39 | 0:25:11.9 | 0:24:57.9 | 4/27 | 32/183 | 5:00 | London |
| 97 | 292 | John Ferguson | M55-59 | 0:25:12.7 | 0:25:01.4 | 5/9 | 65/120 | 5:01 | London |
| 98 | 246 | Matthew Caldwell | M40-44 | 0:25:14.3 | 0:24:59.3 | 8/14 | 66/120 | 5:00 | London |
| 99 | 268 | Liz Sloan | F50-54 | 0:25:14.8 | 0:25:09.9 | 3/15 | 33/183 | 5:02 | London |
| 100 | 74 | Janice Manning | F55-59 | 0:25:17.9 | 0:25:13.2 | 4/12 | 34/183 | 5:03 | London |

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|------------|------|-------------------------|----------|-------------------|--------------------|---------|---------|------|-----------|
| 101 | 228 | Marta Fernandes | F40-44 | 0:25:21.3 | 0:25:14.0 | 7/21 | 35/183 | 5:03 | London |
| 102 | 226 | Madilyn Michienzi | F-U15 | 0:25:25.1 | 0:25:21.3 | 2/13 | 36/183 | 5:05 | London |
| 103 | 192 | Hailey Burk | F-U15 | 0:25:25.2 | 0:25:21.4 | 3/13 | 37/183 | 5:05 | London |
| 104 | 304 | Todd Van De Peer | M40-44 | 0:25:25.3 | 0:25:03.8 | 9/14 | 67/120 | 5:01 | London |
| 105 | 222 | Katherine Palmer | F-U15 | 0:25:25.4 | 0:25:22.1 | 4/13 | 38/183 | 5:05 | London |
| 106 | 218 | Caelin Sandford | F-U15 | 0:25:28.5 | 0:25:24.7 | 5/13 | 39/183 | 5:05 | London |
| 107 | 310 | Maire Gonzalez | F35-39 | 0:25:36.7 | 0:25:29.7 | 5/27 | 40/183 | 5:06 | London |
| 108 | 145 | Holly Pedlow | F-U20 | 0:25:57.1 | 0:25:31.4 | 2/2 | 41/183 | 5:07 | Komoka |
| 109 | 148 | William McBurney | M-U20 | 0:25:57.3 | 0:25:48.8 | 1/4 | 68/120 | 5:10 | London |
| 110 | 34 | Diana Masse | F30-34 | 0:25:59.9 | 0:25:44.3 | 8/27 | 42/183 | 5:09 | London |
| 111 | 99 | Janice Chedore | F60-64 | 0:26:00.5 | 0:25:48.9 | 2/8 | 43/183 | 5:10 | Komoka |
| 112 | 282 | Liam Kalapun | M-U20 | 0:26:06.9 | 0:25:56.9 | 2/4 | 69/120 | 5:12 | London |
| 113 | 147 | Alison McBurney | F35-39 | 0:26:10.3 | 0:26:02.1 | 6/27 | 44/183 | 5:13 | London |
| 114 | 219 | Lauren Jespersen | F20-24 | 0:26:13.1 | 0:25:50.3 | 1/9 | 45/183 | 5:11 | London |
| 115 | 308 | Kayli McGuffin | F20-24 | 0:26:17.0 | 0:26:02.0 | 2/9 | 46/183 | 5:13 | London |
| 116 | 242 | Kathleen Jarvis | F35-39 | 0:26:18.6 | 0:26:01.8 | 7/27 | 47/183 | 5:13 | London |
| 117 | 63 | Rick Wood | M55-59 | 0:26:26.1 | 0:26:15.8 | 6/9 | 70/120 | 5:16 | London |
| 118 | 274 | Christopher Giffen | M35-39 | 0:26:27.7 | 0:26:09.6 | 6/12 | 71/120 | 5:14 | London |
| 119 | 331 | Taryn Milne | F25-29 | 0:26:28.4 | 0:26:05.6 | 4/25 | 48/183 | 5:14 | London |
| 120 | 279 | Jerome Kennedy | M30-34 | 0:26:30.4 | 0:26:11.2 | 7/14 | 72/120 | 5:15 | |
| 121 | 166 | Frank Dedato | M50-54 | 0:26:38.4 | 0:26:27.5 | 8/13 | 73/120 | 5:18 | London |
| 122 | 89 | Ellen Brown | F50-54 | 0:26:39.5 | 0:26:27.1 | 4/15 | 49/183 | 5:18 | London |
| 123 | 341 | Shawn Gibson | M30-34 | 0:26:42.1 | 0:26:22.5 | 8/14 | 74/120 | 5:17 | London |
| 124 | 112 | Marinus Lamers | M60-64 | 0:26:48.8 | 0:26:41.1 | 7/10 | 75/120 | 5:21 | London |
| 125 | 319 | Stewart Twaites | M40-44 | 0:26:58.2 | 0:26:36.0 | 10/14 | 76/120 | 5:20 | London |
| 126 | 187 | Christine Piechowicz | F60-64 | 0:27:02.0 | 0:26:51.6 | 3/8 | 50/183 | 5:23 | London |
| 127 | 309 | Tegan Parry | F-U15 | 0:27:02.5 | 0:26:47.7 | 6/13 | 51/183 | 5:22 | London |
| 128 | 340 | Evan Clark | M30-34 | 0:27:03.6 | 0:26:34.4 | 9/14 | 77/120 | 5:19 | |
| 129 | 86 | Liz Diloreto | F45-49 | 0:27:05.4 | 0:26:55.2 | 4/18 | 52/183 | 5:24 | London |
| 130 | 80 | Kristen Parry | F40-44 | 0:27:06.3 | 0:26:51.4 | 8/21 | 53/183 | 5:23 | London |
| 131 | 132 | Lindsay Malott | F30-34 | 0:27:09.9 | 0:26:56.7 | 9/27 | 54/183 | 5:24 | London |
| 132 | 281 | Emma Kalapun | F-U15 | 0:27:12.9 | 0:27:02.8 | 7/13 | 55/183 | 5:25 | London |
| 133 | 343 | Michele Barbeau | F50-54 | 0:27:17.5 | 0:27:06.1 | 5/15 | 56/183 | 5:26 | London |
| 134 | 176 | Vernon Taylor | M50-54 | 0:27:18.5 | 0:26:56.4 | 9/13 | 78/120 | 5:24 | London |
| 135 | 85 | Jan Burton | F40-44 | 0:27:18.9 | 0:27:03.6 | 9/21 | 57/183 | 5:25 | London |
| 136 | 323 | Nick Holmes | M35-39 | 0:27:20.1 | 0:26:41.7 | 7/12 | 79/120 | 5:21 | London |
| 137 | 249 | Jillian Randall | F35-39 | 0:27:23.6 | 0:27:16.5 | 8/27 | 58/183 | 5:28 | Ingersoll |
| 138 | 201 | Stephanie Von Der Recke | F30-34 | 0:27:25.9 | 0:27:17.9 | 10/27 | 59/183 | 5:28 | Alvinston |
| 139 | 173 | Bill Kalapun | M45-49 | 0:27:34.0 | 0:27:23.2 | 10/12 | 80/120 | 5:29 | London |
| 140 | 38 | Jim Klingenberg | M60-64 | 0:27:36.6 | 0:27:20.6 | 8/10 | 81/120 | 5:29 | London |
| 141 | 208 | Robert Gammon | M50-54 | 0:27:40.8 | 0:27:16.2 | 10/13 | 82/120 | 5:28 | London |
| 142 | 42 | Jim Smith | M45-49 | 0:27:43.5 | 0:27:17.4 | 11/12 | 83/120 | 5:28 | London |
| 143 | 327 | Erika Oakes | F30-34 | 0:27:44.6 | 0:27:28.8 | 11/27 | 60/183 | 5:30 | London |
| 144 | 254 | Kyra Gunnell | F-U15 | 0:27:47.4 | 0:27:43.9 | 8/13 | 61/183 | 5:33 | London |
| 145 | 250 | Isabella Randall | F-U15 | 0:27:47.4 | 0:27:43.8 | 9/13 | 62/183 | 5:33 | Ingersoll |
| 146 | 191 | Faith Krijnen | F-U15 | 0:27:47.6 | 0:27:44.5 | 10/13 | 63/183 | 5:33 | Thorndale |
| 147 | 22 | Alison Duwyn | F30-34 | 0:27:50.9 | 0:27:39.2 | 12/27 | 64/183 | 5:32 | Grimsby |
| 148 | 270 | Wayne Hanson | M50-54 | 0:27:51.8 | 0:27:38.9 | 11/13 | 84/120 | 5:32 | London |
| 149 | 143 | Natalie Muirhead | F-U15 | 0:28:04.5 | 0:27:28.9 | 11/13 | 65/183 | 5:30 | London |
| 150 | 103 | Toni De Jong-Thomas | F35-39 | 0:28:08.3 | 0:27:52.1 | 9/27 | 66/183 | 5:35 | Goderich |

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|------------|------|---------------------|----------|-------------------|--------------------|---------|---------|------|---------------|
| 151 | 233 | Kathleen Morrison | F20-24 | 0:28:12.0 | 0:27:48.6 | 3/9 | 67/183 | 5:34 | London |
| 152 | 269 | Beth Hanson | F15-19 | 0:28:16.9 | 0:28:06.8 | 2/2 | 68/183 | 5:38 | London |
| 153 | 150 | Jenn Allen | F25-29 | 0:28:17.2 | 0:28:07.6 | 5/25 | 69/183 | 5:38 | Mount Brydges |
| 154 | 276 | Michael Lee | M40-44 | 0:28:23.5 | 0:27:56.4 | 11/14 | 85/120 | 5:36 | London |
| 155 | 78 | Julie Conboy | F55-59 | 0:28:25.4 | 0:28:13.1 | 5/12 | 70/183 | 5:39 | London |
| 156 | 33 | Paula Peddle | F45-49 | 0:28:30.1 | 0:28:20.0 | 5/18 | 71/183 | 5:40 | Ilderton |
| 157 | 52 | Ali McKeen | F35-39 | 0:28:33.7 | 0:28:16.3 | 10/27 | 72/183 | 5:40 | London |
| 158 | 12 | Karla Dixon | F45-49 | 0:28:35.0 | 0:28:24.8 | 6/18 | 73/183 | 5:41 | London |
| 159 | 162 | Jane Rusciollelli | F35-39 | 0:28:43.3 | 0:28:29.0 | 11/27 | 74/183 | 5:42 | London |
| 160 | 159 | Kristy Hare | F35-39 | 0:28:43.4 | 0:28:29.7 | 12/27 | 75/183 | 5:42 | London |
| 161 | 247 | Donna Simpson | F50-54 | 0:28:52.0 | 0:28:27.8 | 6/15 | 76/183 | 5:42 | London |
| 162 | 180 | Cathie Fleming | F60-64 | 0:28:55.7 | 0:28:40.7 | 4/8 | 77/183 | 5:45 | Komoka |
| 163 | 295 | Belinda Lynds | F40-44 | 0:28:55.7 | 0:28:45.1 | 10/21 | 78/183 | 5:46 | London |
| 164 | 221 | Rochelle Mayers | F35-39 | 0:29:04.4 | 0:28:41.1 | 13/27 | 79/183 | 5:45 | Strathroy |
| 165 | 188 | Angela Hackel | F40-44 | 0:29:06.6 | 0:28:43.4 | 11/21 | 80/183 | 5:45 | Kilworth |
| 166 | 231 | Victoria McDonald | F20-24 | 0:29:08.1 | 0:28:44.4 | 4/9 | 81/183 | 5:45 | Courtice |
| 167 | 195 | Carolyn Martin | F35-39 | 0:29:11.6 | 0:28:47.5 | 14/27 | 82/183 | 5:46 | Lucan |
| 168 | 183 | Perry Jeffery | M55-59 | 0:29:12.3 | 0:28:43.4 | 7/9 | 86/120 | 5:45 | London |
| 169 | 59 | Haley Jeffery | F30-34 | 0:29:12.4 | 0:28:43.8 | 13/27 | 83/183 | 5:45 | Toronto |
| 170 | 158 | Justine Pitt | F25-29 | 0:29:15.4 | 0:29:01.3 | 6/25 | 84/183 | 5:49 | London |
| 171 | 298 | Julia Motherwell | F35-39 | 0:29:17.7 | 0:28:59.0 | 15/27 | 85/183 | 5:48 | London |
| 172 | 157 | Bernadett Gyorgy | F30-34 | 0:29:17.8 | 0:29:04.7 | 14/27 | 86/183 | 5:49 | London |
| 173 | 320 | Tracy Hillman | F45-49 | 0:29:24.8 | 0:29:11.0 | 7/18 | 87/183 | 5:51 | Komoka |
| 174 | 154 | Paula Hill | F30-34 | 0:29:25.0 | 0:29:11.2 | 15/27 | 88/183 | 5:51 | London |
| 175 | 49 | Margaret McKenna | F55-59 | 0:29:25.6 | 0:29:12.7 | 6/12 | 89/183 | 5:51 | Thamesford |
| 176 | 185 | Pete Jeffery | M60-64 | 0:29:26.2 | 0:28:57.8 | 9/10 | 87/120 | 5:48 | London |
| 177 | 215 | James Nother | M55-59 | 0:29:30.5 | 0:28:58.8 | 8/9 | 88/120 | 5:48 | London |
| 178 | 144 | Sara Pedlow | F45-49 | 0:29:34.0 | 0:29:07.6 | 8/18 | 90/183 | 5:50 | Komoka |
| 179 | 332 | Terry Balmer | M20-24 | 0:29:38.1 | 0:29:08.5 | 7/8 | 89/120 | 5:50 | London |
| 180 | 333 | David Braakman | M20-24 | 0:29:38.2 | 0:29:09.0 | 8/8 | 90/120 | 5:50 | London |
| 181 | 252 | Jackie Curry | F35-39 | 0:29:38.4 | 0:29:33.0 | 16/27 | 91/183 | 5:55 | Dorchester |
| 182 | 253 | Dorie Scheffler | F60-64 | 0:29:42.5 | 0:29:36.9 | 5/8 | 92/183 | 5:56 | Dorchester |
| 183 | 5 | Glenda Kobe | F35-39 | 0:29:43.0 | 0:29:36.9 | 17/27 | 93/183 | 5:56 | London |
| 184 | 57 | Alicia Morency | F20-24 | 0:29:47.4 | 0:29:16.5 | 5/9 | 94/183 | 5:52 | London |
| 185 | 229 | Suzanne Taylor-Wall | F30-34 | 0:30:01.1 | 0:29:29.5 | 16/27 | 95/183 | 5:54 | Ilderton |
| 186 | 230 | David Wall | M35-39 | 0:30:01.2 | 0:29:29.2 | 8/12 | 91/120 | 5:54 | Ilderton |
| 187 | 164 | Janet Carson | F55-59 | 0:30:06.4 | 0:29:49.7 | 7/12 | 96/183 | 5:58 | London |
| 188 | 151 | Jennifer Salmon | F40-44 | 0:30:06.5 | 0:29:49.5 | 12/21 | 97/183 | 5:58 | London |
| 189 | 289 | Jessica Kyles | F25-29 | 0:30:22.2 | 0:30:14.9 | 7/25 | 98/183 | 6:03 | London |
| 190 | 205 | Haley Gauss | F25-29 | 0:30:26.6 | 0:30:05.0 | 8/25 | 99/183 | 6:01 | London |
| 191 | 81 | Emily Koopman | F25-29 | 0:30:30.5 | 0:30:11.5 | 9/25 | 100/183 | 6:03 | London |
| 192 | 315 | Teresa Sousa | F35-39 | 0:30:35.4 | 0:30:35.4 | 18/27 | 101/183 | 6:08 | London |
| 193 | 280 | Aggie Kalapun | F40-44 | 0:30:39.4 | 0:30:28.7 | 13/21 | 102/183 | 6:06 | Londo |
| 194 | 336 | Ammar Kalim | M25-29 | 0:30:41.3 | 0:30:23.9 | 3/9 | 92/120 | 6:05 | London |
| 195 | 335 | Dennis Mazajlo | M25-29 | 0:30:41.4 | 0:30:23.8 | 4/9 | 93/120 | 6:05 | London |
| 196 | 28 | Brenda Done | F55-59 | 0:30:43.7 | 0:30:24.4 | 8/12 | 103/183 | 6:05 | London |
| 197 | 7 | Derek Ineson | M25-29 | 0:30:46.7 | 0:30:35.8 | 5/9 | 94/120 | 6:08 | London |
| 198 | 17 | Nicole Van Der Mark | F25-29 | 0:30:47.6 | 0:30:26.0 | 10/25 | 104/183 | 6:06 | Komoka |
| 199 | 10 | Danika Van Der Mark | F25-29 | 0:30:48.4 | 0:30:27.3 | 11/25 | 105/183 | 6:06 | London |
| 200 | 275 | Ivan Lee | M70+ | 0:30:56.1 | 0:30:28.1 | 2/3 | 95/120 | 6:06 | Kitchener |

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London, On

06/05/2016

***** OVERALL RESULTS *****

5K Run/Walk

***** PRELIMINARY FINISH RESULTS *****

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| O'all Rank | Bib# | Name | Division | Gun Time Official | Chip Time Net Time | Div/Tot | Sex/Tot | Pace | City |
|------------|------|-----------------------|----------|-------------------|--------------------|---------|---------|------|--------------|
| 201 | 120 | Kaity Mayberry | F-U15 | 0:31:02.1 | 0:30:54.5 | 12/13 | 106/183 | 6:11 | Ingersoll |
| 202 | 152 | Kirsten Osterback | F40-44 | 0:31:03.8 | 0:30:46.7 | 14/21 | 107/183 | 6:10 | London |
| 203 | 21 | Brandy Trowhill | F35-39 | 0:31:04.4 | 0:30:34.5 | 19/27 | 108/183 | 6:07 | London |
| 204 | 20 | Lance Trowhill | M45-49 | 0:31:04.5 | 0:30:33.4 | 12/12 | 96/120 | 6:07 | London |
| 205 | 313 | Evelyn Riechart | F60-64 | 0:31:07.4 | 0:30:38.1 | 6/8 | 109/183 | 6:08 | London |
| 206 | 194 | Karen Tripp | F55-59 | 0:31:08.4 | 0:30:53.4 | 9/12 | 110/183 | 6:11 | London |
| 207 | 31 | Jeff Korhonen | M25-29 | 0:31:18.1 | 0:30:58.7 | 6/9 | 97/120 | 6:12 | London |
| 208 | 3 | Elizabeth Lourenco | F25-29 | 0:31:24.8 | 0:31:02.8 | 12/25 | 111/183 | 6:13 | Peterborough |
| 209 | 2 | Sherry Lourenco | F55-59 | 0:31:25.0 | 0:31:03.1 | 10/12 | 112/183 | 6:13 | London |
| 210 | 15 | Lori Van Der Mark | F50-54 | 0:31:25.8 | 0:31:04.7 | 7/15 | 113/183 | 6:13 | London |
| 211 | 286 | Jennifer Vandermolten | F30-34 | 0:31:27.3 | 0:31:03.2 | 17/27 | 114/183 | 6:13 | Lucan |
| 212 | 186 | Sarah Morden | F30-34 | 0:31:28.0 | 0:30:57.4 | 18/27 | 115/183 | 6:12 | London |
| 213 | 11 | Jeff Morden | M35-39 | 0:31:28.1 | 0:30:57.3 | 9/12 | 98/120 | 6:12 | London |
| 214 | 6 | Krzysztof Grabka | M30-34 | 0:31:31.3 | 0:31:03.8 | 10/14 | 99/120 | 6:13 | Windsor |
| 215 | 56 | Daryl Amodan | M30-34 | 0:31:31.4 | 0:31:04.5 | 11/14 | 100/120 | 6:13 | Mississauga |
| 216 | 203 | Christopher Shaw | M25-29 | 0:31:31.8 | 0:31:05.3 | 7/9 | 101/120 | 6:14 | Windsor |
| 217 | 297 | Margie Denomme | F45-49 | 0:31:36.3 | 0:31:28.1 | 9/18 | 116/183 | 6:18 | London |
| 218 | 223 | Kess Leach | F45-49 | 0:31:38.5 | 0:31:20.6 | 10/18 | 117/183 | 6:17 | London |
| 219 | 165 | Izabela Kolodziej | F30-34 | 0:31:38.5 | 0:31:11.3 | 19/27 | 118/183 | 6:15 | Windsor |
| 220 | 311 | Miriam Abbey | F25-29 | 0:31:38.6 | 0:31:13.5 | 13/25 | 119/183 | 6:15 | London |
| 221 | 196 | Laura Allen | F25-29 | 0:31:39.1 | 0:31:13.9 | 14/25 | 120/183 | 6:15 | Windsor |
| 222 | 91 | Bryan Lucier | M30-34 | 0:31:39.2 | 0:31:13.2 | 12/14 | 102/120 | 6:15 | London |
| 223 | 330 | Bre Russell | F25-29 | 0:31:48.9 | 0:31:22.1 | 15/25 | 121/183 | 6:17 | London |
| 224 | 51 | Lisa Harness | F30-34 | 0:31:49.0 | 0:31:22.3 | 20/27 | 122/183 | 6:17 | London |
| 225 | 163 | Shane Carson | M55-59 | 0:32:02.8 | 0:31:46.3 | 9/9 | 103/120 | 6:22 | London |
| 226 | 122 | Santiago Cortes | M-U15 | 0:32:09.0 | 0:31:49.4 | 6/6 | 104/120 | 6:22 | London |
| 227 | 117 | Rochelle Cornelius | F45-49 | 0:32:12.5 | 0:31:52.3 | 11/18 | 123/183 | 6:23 | London |
| 228 | 170 | Stephanie Cardill | F35-39 | 0:32:14.9 | 0:31:58.9 | 20/27 | 124/183 | 6:24 | London |
| 229 | 171 | Caelum Moore | M-U20 | 0:32:14.9 | 0:31:59.2 | 3/4 | 105/120 | 6:24 | London |
| 230 | 79 | Joan Bojars | F70+ | 0:32:20.0 | 0:32:05.0 | 1/3 | 125/183 | 6:25 | London |
| 231 | 216 | Evan Wyborn | M25-29 | 0:32:21.9 | 0:32:03.7 | 8/9 | 106/120 | 6:25 | London |
| 232 | 54 | Meghan Deveaux | F25-29 | 0:32:58.4 | 0:32:33.3 | 16/25 | 126/183 | 6:31 | London |
| 233 | 251 | Lindsay Deveaux | F20-24 | 0:32:58.5 | 0:32:32.9 | 6/9 | 127/183 | 6:31 | London |
| 234 | 199 | Tristan Nash | M40-44 | 0:32:59.3 | 0:32:33.4 | 12/14 | 107/120 | 6:31 | Cambridge |
| 235 | 102 | Deborah Rice | F60-64 | 0:32:59.3 | 0:32:47.8 | 7/8 | 128/183 | 6:34 | London |
| 236 | 214 | Hector Silva | M50-54 | 0:33:03.0 | 0:32:31.6 | 12/13 | 108/120 | 6:31 | London |
| 237 | 326 | Reagan Sandford | F-U15 | 0:33:03.4 | 0:32:56.5 | 13/13 | 129/183 | 6:36 | |
| 238 | 161 | Kathryn Goddard | F35-39 | 0:33:05.5 | 0:32:49.4 | 21/27 | 130/183 | 6:34 | London |
| 239 | 217 | Jay Sandford | M40-44 | 0:33:05.9 | 0:32:59.1 | 13/14 | 109/120 | 6:36 | London |
| 240 | 13 | Jennifer Barclay | F20-24 | 0:33:19.2 | 0:33:10.4 | 7/9 | 131/183 | 6:39 | London |
| 241 | 305 | Kerri Van De Peer | F40-44 | 0:33:20.2 | 0:32:57.5 | 15/21 | 132/183 | 6:36 | London |
| 242 | 128 | Ashleigh Pedersen | F30-34 | 0:33:22.1 | 0:33:03.9 | 21/27 | 133/183 | 6:37 | London |
| 243 | 58 | Julaine Anas | F35-39 | 0:33:22.3 | 0:33:04.0 | 22/27 | 134/183 | 6:37 | London |
| 244 | 314 | Steffen Kempe | M70+ | 0:33:46.0 | 0:33:34.7 | 3/3 | 110/120 | 6:43 | |
| 245 | 267 | Joanna Bearss | F20-24 | 0:33:52.3 | 0:33:31.5 | 8/9 | 135/183 | 6:43 | Woodstock |
| 246 | 131 | Lisa Beck | F25-29 | 0:33:54.0 | 0:33:36.5 | 17/25 | 136/183 | 6:44 | London |
| 247 | 55 | Janelle Fluit | F35-39 | 0:33:54.4 | 0:33:42.7 | 23/27 | 137/183 | 6:45 | London |
| 248 | 287 | Helen Gregory | F45-49 | 0:33:55.0 | 0:33:29.9 | 12/18 | 138/183 | 6:42 | London |
| 249 | 123 | Leonardo Cortes | M-U20 | 0:34:00.1 | 0:33:41.4 | 4/4 | 111/120 | 6:45 | London |
| 250 | 77 | Suzanna Cortes | F45-49 | 0:34:00.7 | 0:33:40.3 | 13/18 | 139/183 | 6:45 | London |

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| O'all Rank | Bib# | Name | Division | Gun Time Official | Chip Time Net Time | Div/Tot | Sex/Tot | Pace | City |
|------------|------|----------------------|----------|-------------------|--------------------|---------|---------|-------|------------|
| 251 | 127 | Dawn Ashworth | F55-59 | 0:34:08.8 | 0:33:40.4 | 11/12 | 140/183 | 6:45 | London |
| 252 | 126 | Deborah Dingwell | F50-54 | 0:34:10.5 | 0:33:41.8 | 8/15 | 141/183 | 6:45 | Belmont |
| 253 | 244 | Cindy Caruana | F50-54 | 0:34:28.6 | 0:34:16.5 | 9/15 | 142/183 | 6:52 | London |
| 254 | 24 | Donato Diponio | M50-54 | 0:34:52.7 | 0:34:38.2 | 13/13 | 112/120 | 6:56 | London |
| 255 | 50 | Carmen Wat | F25-29 | 0:35:38.1 | 0:35:18.7 | 18/25 | 143/183 | 7:04 | Komoka |
| 256 | 142 | Julia Collins | F30-34 | 0:35:51.1 | 0:35:15.3 | 22/27 | 144/183 | 7:04 | London |
| 257 | 207 | Alison Wareham | F30-34 | 0:35:51.4 | 0:35:34.1 | 23/27 | 145/183 | 7:07 | London |
| 258 | 175 | Michelle Taylor | F50-54 | 0:36:04.6 | 0:35:42.1 | 10/15 | 146/183 | 7:09 | London |
| 259 | 209 | Martina Kaiser | F50-54 | 0:36:14.6 | 0:35:49.9 | 11/15 | 147/183 | 7:10 | London |
| 260 | 32 | Jenny El-Guebaly | F30-34 | 0:36:30.1 | 0:36:10.1 | 24/27 | 148/183 | 7:15 | London |
| 261 | 167 | Julie Greer | F25-29 | 0:36:35.5 | 0:36:10.6 | 19/25 | 149/183 | 7:15 | London |
| 262 | 48 | Curtis Dingwell | M35-39 | 0:36:55.3 | 0:36:27.2 | 10/12 | 113/120 | 7:18 | Dorchester |
| 263 | 47 | Glendalynn Dixon | F40-44 | 0:36:55.3 | 0:36:27.5 | 16/21 | 150/183 | 7:18 | Dorchester |
| 264 | 14 | Michelle Pope | F40-44 | 0:36:56.2 | 0:36:31.9 | 17/21 | 151/183 | 7:19 | London |
| 265 | 317 | Michelle Flisar | F25-29 | 0:37:01.4 | 0:36:42.8 | 20/25 | 152/183 | 7:21 | London |
| 266 | 288 | Danielle Shenton | F35-39 | 0:37:04.0 | 0:36:37.7 | 24/27 | 153/183 | 7:20 | Woodstock |
| 267 | 83 | Helen Riordon | F65-69 | 0:37:23.2 | 0:37:06.8 | 1/1 | 154/183 | 7:26 | London |
| 268 | 149 | Kristen Jeanveau | F30-34 | 0:37:27.9 | 0:36:58.2 | 25/27 | 155/183 | 7:24 | London |
| 269 | 93 | Lillian Michaelson | F70+ | 0:37:33.1 | 0:37:07.0 | 2/3 | 156/183 | 7:26 | London |
| 270 | 139 | Taryn Scott | F25-29 | 0:37:44.5 | 0:37:21.5 | 21/25 | 157/183 | 7:29 | Lucan |
| 271 | 140 | Amanda Waldick | F25-29 | 0:37:53.6 | 0:37:29.9 | 22/25 | 158/183 | 7:30 | London |
| 272 | 182 | Jill-Lauren Harrison | F30-34 | 0:38:08.4 | 0:37:51.0 | 26/27 | 159/183 | 7:35 | London |
| 273 | 272 | Goederoen De Caluwe | F70+ | 0:38:16.3 | 0:38:02.9 | 3/3 | 160/183 | 7:37 | London |
| 274 | 23 | Janet Boychuk | F50-54 | 0:38:35.5 | 0:38:20.7 | 12/15 | 161/183 | 7:41 | London |
| 275 | 245 | Cheryl Queen | F50-54 | 0:38:39.5 | 0:38:27.2 | 13/15 | 162/183 | 7:42 | London |
| 276 | 177 | Allison Huston | F25-29 | 0:38:46.4 | 0:38:12.6 | 23/25 | 163/183 | 7:39 | London |
| 277 | 178 | Katie Mayberry | F25-29 | 0:38:47.1 | 0:38:13.2 | 24/25 | 164/183 | 7:39 | London |
| 278 | 116 | Joel Kennedy | M30-34 | 0:38:54.0 | 0:38:33.4 | 13/14 | 114/120 | 7:43 | London |
| 279 | 181 | Daniel Steiche | M35-39 | 0:39:43.9 | 0:39:27.0 | 11/12 | 115/120 | 7:54 | London |
| 280 | 273 | Kristyn Lyons | F40-44 | 0:39:47.8 | 0:39:24.3 | 18/21 | 165/183 | 7:53 | London |
| 281 | 134 | Heather Whitty | F45-49 | 0:39:51.1 | 0:39:14.5 | 14/18 | 166/183 | 7:51 | London |
| 282 | 136 | Jeff Gow | M30-34 | 0:39:51.2 | 0:39:14.9 | 14/14 | 116/120 | 7:51 | London |
| 283 | 238 | Dani Doerr | F35-39 | 0:40:05.7 | 0:39:28.2 | 25/27 | 167/183 | 7:54 | London |
| 284 | 239 | Rick Doerr | M40-44 | 0:40:13.9 | 0:39:37.9 | 14/14 | 117/120 | 7:56 | London |
| 285 | 337 | Justin Mahon | M25-29 | 0:40:20.7 | 0:39:59.6 | 9/9 | 118/120 | 8:00 | London |
| 286 | 234 | Julaine Matthews | F40-44 | 0:41:34.9 | 0:41:13.5 | 19/21 | 168/183 | 8:15 | Arva |
| 287 | 235 | Crystall Fogal | F45-49 | 0:41:35.0 | 0:41:12.1 | 15/18 | 169/183 | 8:15 | Okotkas |
| 288 | 153 | Vicky Mitchell | F60-64 | 0:42:02.6 | 0:41:38.3 | 8/8 | 170/183 | 8:20 | London |
| 289 | 200 | Stacy Zurbrigg | F40-44 | 0:43:23.8 | 0:42:58.5 | 20/21 | 171/183 | 8:36 | Cambridge |
| 290 | 329 | Gwendolen Boyle | F45-49 | 0:43:39.0 | 0:43:39.0 | 16/18 | 172/183 | 8:44 | London |
| 291 | 339 | Melanie Jeffery | F25-29 | 0:44:24.8 | 0:43:54.8 | 25/25 | 173/183 | 8:47 | |
| 292 | 184 | Dar Giffels | F50-54 | 0:44:25.1 | 0:43:54.9 | 14/15 | 174/183 | 8:47 | London |
| 293 | 35 | Julie Begeman | F50-54 | 0:45:36.2 | 0:45:09.3 | 15/15 | 175/183 | 9:02 | St Thomas |
| 294 | 307 | Fiona Brunelle | F45-49 | 0:45:36.7 | 0:45:08.7 | 17/18 | 176/183 | 9:02 | Aylmer |
| 295 | 193 | Jody Nachtigall | F35-39 | 0:46:43.8 | 0:40:02.1 | 26/27 | 177/183 | 8:01 | London |
| 296 | 197 | Rita Rupar | F55-59 | 0:52:41.2 | 0:52:01.6 | 12/12 | 178/183 | 10:25 | London |
| 297 | 198 | Tony Rupar | M60-64 | 0:52:41.3 | 0:52:02.3 | 10/10 | 119/120 | 10:25 | London |
| 298 | 248 | Natasha Bruce | F30-34 | 0:52:43.0 | 0:52:02.9 | 27/27 | 179/183 | 10:25 | London |
| 299 | 135 | Michael McAlpine | M35-39 | 0:52:43.1 | 0:52:04.4 | 12/12 | 120/120 | 10:25 | London |
| 300 | 299 | Colleen Crawford | F40-44 | 0:52:58.1 | 0:52:25.3 | 21/21 | 180/183 | 10:30 | Glencoe |

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|------------|--------|----------------|----------|-------------------|--------------------|---------|---------|-------|---------|
| 301 | 302 | Nikki Orosz | F35-39 | 0:52:58.5 | 0:52:25.8 | 27/27 | 181/183 | 10:30 | Appin |
| 302 | 301 | Trish May | F45-49 | 0:52:58.7 | 0:52:26.2 | 18/18 | 182/183 | 10:30 | Newbury |
| 303 | DNS236 | Molly McIntyre | F20-24 | 0:16:11.5 | 0:15:14.0 | 9/9 | 183/183 | 3:03 | London |

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